Title
Dense hydrogen-bonding network boosts ionic conductive hydrogels with extremely high toughness, rapid self-recovery and autonomous adhesion for human-motion detection

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Abstract
The construction of ionic conductive hydrogels with high transparency, excellent mechanical robustness, high toughness and rapid self-recovery is highly desired yet challenging. Herein, a hydrogen-bonding network densification strategy is presented for preparing a highly stretchable and transparent poly(ionic liquid) hydrogel (PAM-r-MVIC) from the perspective of random copolymerization of 1-methyl-3-(4-vinybenzyl) imidazolium chloride and acrylamide in water. Ascribing to the formation of a dense hydrogen-bonding network, the resultant PAM-r-MVIC exhibited an intrinsically high stretchability (>1000%) and compressibility (90%), fast self-recovery with high toughness (2950 kJ m\(^{-2}\)) and excellent fatigue resistance with no deviation for 100 cycles. Dissipative particle dynamics simulations revealed that the orientation of hydrogen bonds along the stretching direction boosted mechanical strength and toughness, which were further proved by the restriction of molecular chain movements ascribing to the formation of dense hydrogen-bonding network from mean square displacement calculations. Combining with high ionic conductivity over a wide temperature range and autonomous adhesion on various surfaces with tailored adhesive strength, the PAM-r-MVIC can readily work as a highly stretchable and healable ionic conductor for a capacitive/resistive bimodal sensor with self-adhesion, high sensitivity, excellent linearity and great durability. This study might provide a new path of designing and fabricating ionic conductive hydrogels with high mechanical elasticity, high toughness and excellent fatigue resilience for skin-inspired ionic sensors in detecting complex human motions.

1. Introduction
Skin-inspired ionic sensor is widely concerned in the next generation of smart wearable electronics for the applications of artificial intelligence, human-machine interfaces, healthcare monitoring and soft robotics [1-3]. Ionic sensor is capable of sensing external stimulations and transforming them into conductivity signals rapidly and in real-time by imitating human skin [4]. The real-time response of ionic sensor is realized through the directional migration of ions in an ionic conductor under deformation, which can realize the integrated functions of high elasticity and skin comparable modulus that are difficult to realize in a traditional electronic conductor. Due to the frequent movement of human body and its rough and complex surface, ion sensors would inevitably be damaged and fall off during long-term wearing, which puts forward high requirements for tailored adhesive performances of ionic sensors [5, 6]. However, traditional adhesives are very difficult to meet the requirements of ionic sensors in long-term wearing or multiple-time adhering. Moreover, for their practical applications of human-machine interfaces, intelligent windows and touchscreens, not only the ability to perceive external stimuli but also a high transmittance to achieve an output of visual information are required for an ionic sensor [7]. Therefore, the development of an ionic sensor with high transparency, high mechanical robustness, adaptive self-adhesion, and long cycling life is extremely demanded.

Poly(ionic liquid)s (PIL) are polymers formed through polymerization of ionic liquid (IL) monomers that feature repeated anionic or cationic groups. PIL hydrogels are capable of combining unique integrations of attractive mechanical characteristics of hydrogels and superior physicochemical properties of ILs [8-10]. PIL hydrogel is more thermally stable with strongly locked counter ions, and these features can help
to overcome the leakage and poor environmental tolerance of conventional salt-impregnated polymer hydrogels. However, PIL hydrogel usually has poor mechanical ductility, leading to irreversible mechanical failures and poor cycling stability under large deformation. More importantly, PIL hydrogel is difficult to achieve high and tailored adhesion on various surfaces. Therefore, solving the problems mentioned above, i.e., achieving high mechanical elasticity, excellent fatigue resistance and self-adhering performance, is necessary for the wide applications of PIL hydrogels for high-performance ionic sensors [11-13].

Human body mainly relies on ion channels inside the neurons to transmit information, and an electrolyte in organisms as an ionic conductor plays an essential role[14, 15]. This study attempts to construct a highly stretchable ionic conductive hydrogel to imitate the sensing functions of the skin. Herein, a highly stretchable and transparent poly(1-methyl-3-(4-vinylbenzyl) imidazolium chloride)-random-polyacrylamide copolymer hydrogel (PAM-r-MVIC) is fabricated by a hydrogen-bonding network densification strategy. Ascribing to the formation of a dense hydrogen-bonding network, the resultant PAM-r-MVIC exhibits excellent ductility with a large fracture strain (> 1000%), along with high tensile strength of 0.47 MPa, high toughness of 2950 kJ m⁻³, and excellent fatigue resistance with no deviation for 100 cycles. Dissipative particle dynamics simulations further reveal that the mechanical properties are enhanced by the orientation of the dense hydrogen-bonding network along the stretching direction. Besides, mean square displacement calculations indicate that the high density of hydrogen bonds displays a large restriction of molecular chain movements, which also leads to dramatic enhancements in the mechanical strength. The positively charged 1-N atoms of imidazole rings among the PAM-r-MVIC are beneficial for uniformly locking counter ions, contributing to excellent ionic conductivity in a wide temperature range. Due to its high mechanical elasticity, high ionic conductivity, good transparency (close to 100% in visible light range) and excellent self-adhering properties, the PAM-r-MVIC can readily work in a resistive/capacitive bimodal sensor, showing high sensitivity, wide response range and excellent stability in real-time monitoring of large-strain movements (i.e., finger and wrist bending) and small-strain movements (i.e., swallowing) of complex human motions. Therefore, this newly developed hydrogen-bonding network densification strategy for the design and construction of functional ionic conductive hydrogels provides new ideas for the development of ionic skin sensors with high mechanical elasticity, good transparency, self-adhering property and excellent durability in a wide temperature range.

2. Results

The design principle of constructing highly stretchable ionic conductive hydrogels by a hydrogen-bonding network densification strategy is demonstrated in Figure 1a. Ionic conductive poly(1-methyl-3-(4-vinylbenzyl) imidazolium chloride)-random-polyacrylamide copolymer hydrogel (PAM-r-MVIC) was synthesized by in-situ covalent cross linking of 1-methyl-3-(4-vinylbenzyl) imidazolium chloride (MVIC) and acrylamide (AM) as co-monomers. Hydrogen bonds between the amino groups among the AM structure and the 3-N atoms among the MVIC structure were achieved among the PAM-r-MVIC. Meanwhile, hydrogen bonds between the amino and carbonyl groups among the AM structure were simultaneously achieved within the PAM-r-MVIC. As a result, these two types of co-existed hydrogen bonds contributed
to the formation of a dense hydrogen-bonding network among the PAM-r-MVIC. The as-fabricated hydrogel samples are named PAM-r-MVIC-1, PAM-r-MVIC-2 and PAM-r-MVIC-3, with the mole ratio of AM/MVIC varying from 2:1, 1:1 to 1:2, respectively. Synthetic details of the synthesis route of MVIC could be found in Materials and Methods, and Figure S1. MALDI-TOF results of as-synthesized MVIC (Figure S2) indicated the presence of a significant peak at 198.9 m/z, consistent with the molecular weight of MVIC. ¹H NMR spectra of MVIC in D₂O (Figure S3) displayed highly resolved signals corresponding to the skeleton protons, proving the successful synthesis of MVIC monomers [16].

![Figure 1: Design and properties of the PAM-r-MVIC.](image)

(a) Schematic illustration of PAM-r-MVIC with a dense hydrogen-bonding network. (b) Photograph of PAM-r-MVIC-2 fabricated into various shapes. (c) Photograph showing high transparency of PAM-r-MVIC-2. Photographs of PAM-r-MVIC-2 to withstand (d) large stretching and (e) compressing. (f) Photograph of PAM-r-MVIC-2 holding a weight of 500 g.

The resultant PAM-r-MVIC can be easily molded into a variety of shapes of a bear, a heart, a hexaphyllum, a star and a rabbit head, as demonstrated in Figure 1b. Meanwhile, the as-obtained PAM-r-MVIC also exhibited high transparency, and the university logos behind a PAM-r-MVIC-2 film could be observed clearly (Figure 1c). Under a visible light with a wavelength range of 400~750 nm, the transmittance of the PAM-r-MVIC-2 film was higher than 90% (Figure S4). This high transparency of ionic conductors is conducive to monitoring the matrix changes in real-time [17]. The PAM-r-MVIC-2 was further characterized by tensile and compression measurements (Figure 1d and 1e). The PAM-r-MVIC-2 is capable of being stretched to a strain of 800% and compressed to 80%, respectively, both with high toughness. The PAM-r-MVIC-2 with a dimension of 10 × 5 × 1 mm³ could pull up a weight of 500 g without any damages (Figure 1f). Notably, the shape of PAM-r-MVIC-2 could be recovered
immediately after removing external forces, indicating its outstanding shape-recovery performance.

The chemical structures of the hydrogels and the formation of dense hydrogen bonds in the PAM-r-MVIC were analyzed by Fourier Transform Infrared (FTIR) spectroscopy. The C=C stretching vibration of carboxyl groups at 1610 cm\(^{-1}\) from AM and the absorption peak located at 1632 cm\(^{-1}\) from MVIC disappeared (Figure 2a), indicating the polymerization occurred for AM and MVIC monomers. The C=O stretching vibrations of carboxyl groups from the PAM, PAM-r-MVIC-1, PAM-r-MVIC-2 and PAM-r-MVIC-3 were observed at 1649, 1652, 1667 and 1663 cm\(^{-1}\), respectively, and the N-H stretching vibration peaks were observed at 3188, 3173, 3147, 3144 cm\(^{-1}\), respectively (Figure 2b). The displacements of C=O and N-H stretching vibration peaks indicated the formation of hydrogen bonds among the PAM-r-MVIC. The absorption peak at 1571 cm\(^{-1}\) ascribed to the skeleton vibration of imidazole rings of the neat MVIC shifted to 1574 cm\(^{-1}\) of the PAM-r-MVIC-3 (Figure 2c). These chemical shifts demonstrated the formation of hydrogen bonds between the 3-N and N-H among the PAM-r-MVIC. Swelling tests were conducted to calculate the equilibrium swelling ratio for evaluating the strength of the hydrogen-bonding network among the PAM-r-MVIC. The PAM-r-MVIC-1 displayed the highest equilibrium swelling ratios (~220) among the PAM-r-MVIC samples (Figure S5). With the increase of the MVIC content among the PAM-r-MVIC framework, the equilibrium swelling ratio decreased gradually, indicating that the introduction of MVIC groups significantly enhanced the hydrogen-bonding density as well as the intermolecular interactions among the PAM-r-MVIC [18, 19].

Rheological measurements were performed to estimate the viscoelastic behaviors of the PAM-r-MVIC. Amplitude sweep tests were performed to estimate the viscoelasticity of the PAM-r-MVIC-2 sample, with the curves of storage modulus (G') and loss modulus (G'') as a function of strain. During the strains range from 10% to 1000% in the linear viscoelastic region, both G' and G'' remained constant with the value of G' was greater than G'' (Figure 2d). This corresponded to a typical solid-like behavior of viscoelastic hydrogels and revealed a stable network that remained
unbroken even under extremely large deformations [20-22]. With the strains increasing, the $G'$ decreased while the $G''$ raised. The $G'$ and $G''$ curves intersected when the strain reached 1650%, where was the solid-liquid transition point indicating the damage of the network started. The oscillation frequency sweep test at 0.1% strain depicted the $G'$ was higher than the $G''$ in the entire frequency range (Figure 2e), demonstrating an elastic dominant network existed in the PAM-r-MVIC-2. A dynamic rheology experiment was designed to study the self-healing behavior of the PAM-r-MVIC-2. The $G'$ was higher than the $G''$ at 10% strain (Figure 2f), revealing the PAM-r-MVIC-2 remained a hydrogel state, while the $G'$ was lower than the $G''$ when the strain increased to 5000%, demonstrating the hydrogel state was being destroyed. Notably, when the shear strain returned to 10%, the $G'$ and the $G''$ recovered immediately and was close to the initial value, indicating a rapid self-healing ability of the PAM-r-MVIC-2.

Mechanical properties of PAM-r-MVIC were quantitatively analyzed to explore the effect of the intermolecular hydrogen bonds on their mechanical performance. Compared with PAM, PMVIC, the PAM-r-MVIC represented typical tensile stress-strain curves of elastomer and showed an outstanding mechanical performance including good elasticity, restorability and fatigue resistance. The Young's modulus of PAM and PMVIC were 266 and 30 kPa (Figure 3a), corresponding to the toughness of 256 and 240 kJ m$^{-3}$, respectively. As the mole ratio of MVIC/AM increased from 0.5 to 2, the elastic modulus changed from 60 to 220 kPa, and the toughness raised from 737 to 3731 kJ m$^{-3}$ (Figure 3b). The enhancement of mechanical properties is attributed to the formation of dense hydrogen-bonding network [23-26]. Hydrogels are easy to be broken when their moduli are too high, while hard to be stretched if they have too low toughness. Among the PAM-r-MVIC, the PAM-r-MVIC-2 showed the greatest balance among the modulus, toughness and elongation at break. The 100 consecutive loading/unloading cycles under a 300% strain were carried out to estimate the fatigue resistance of PAM-r-MVIC-2 (Figure 3c). Meanwhile, the corresponding dissipation energy and dissipation coefficients were calculated (Figure S6a and S6b). The energy dissipation and recovery rate slightly decreased between the first and second laps, but remained constant from the third lap. The stress-strain curves were also nearly overlapped from the 2$^{nd}$ cycle to the 100$^{th}$ cycle. This typical behavior of rubber elastomer was because the damaged network could be reconstructed in time during the tensile cycles [27, 28]. The first loading/unloading curve and after being stretched to 300% with the various resting time between two cycles were compared to characterize the self-recovery property (Figure S7a and S7b). Compared with the original sample, the tensile property of PAM-r-MVIC-2 increased with the increased resting time. After resting for 30 min, the dissipated energy and dissipation coefficient of the stretched PAM-r-MVIC-2 recovered to 107.5 kJ m$^{-3}$ and 28.6%, approaching its original values (115.5 kJ m$^{-3}$ and 26.6%). The excellent self-recovery ability manifested the fractured networks could be rapidly repaired via reversible hydrogen-bonding networks [29, 30].

Compressive mechanical properties of PAM-r-MVIC hydrogels were also characterized to further evaluate their elasticity and self-recoverability. The PAM sample had a high compression modulus but poor toughness, while the PMVIC showed a low compression modulus, low toughness and poor resilience (Figure 3d). Compared with PAM and PMVIC, the elastic modulus and toughness of the PAM-r-MVIC samples were significantly improved, indicating that the dense hydrogen bond network largely enhanced the mechanical properties of hydrogels. The PAM-r-MVIC-
2 could withstand a 95% compression and recovered to its original state after relaxation. The compression moduli of PAM-r-MVIC-1, PAM-r-MVIC-2 and PAM-r-MVIC-3 were 108, 70 and 47 kPa, respectively (Figure 3e). The higher modulus normally led to more brittleness or lower toughness and thus worse resilience. With the increased content of MVIC, the compressive strength of PAM-r-MVIC gradually decreased, while their flexibility increased. The highly deformation-tolerant performance and excellent mechanical performance were ascribed to energy dissipation of the rapidly destroyed and rebuilt hydrogen bond networks [31]. Figure 3f demonstrated the continuous 100 loading-unloading curves of the PAM-r-MVIC-2 upon a 50% compressive strain. The hysteresis loops and loss factors of the PAM-r-MVIC-2 decreased slightly during the second compressive cycle. The dissipated energy and dissipation coefficient of the PAM-r-MVIC-2 at the 1st and 2nd cycles decreased from 24 to 18 kJ m⁻³ and from 0.2 to 0.17, respectively. This change indicated the internal network of PAM-r-MVIC-2 broke down within the second time pressure and failed to recover in time. After resting for 0.5 min, it returned to the original state (Figure S7c), with the energy loss and loss factor consistent with the original state (Figure S7d). After the third cycle, the hysteresis loop and the loss factor of PAM-r-MVIC-2 almost remained. The dissipated energy and dissipation coefficient of the 3rd and 4th cycles remained around 17 kJ m⁻³ and 0.16, respectively, indicating a good fatigue resistance, highly deformation-tolerant and fast self-recovery performance[32-34]. The ionic conductive hydrogels with comprehensive mechanical properties demonstrated extraordinary stretchability and excellent toughness under different strains, thus showing a broad application prospect in flexible ionic devices.

Figure 3: Mechanical properties of the PAM-r-MVIC. (a) Tensile stress-strain curves, (b) elastic modulus and toughness of PAM-r-MVIC, PAM and PMVIC. (c) Successive tensile loading-unloading curves of PAM-r-MVIC-2. (d) Compressive stress-strain curves, (e) compressive modulus of PAM-r-MVIC, PAM and PMVIC. (f) Successive compressive loading-unloading curves of PAM-r-MVIC-2.

To further describe the improved mechanical properties of the PAM-r-MVIC, dissipative particle dynamics (DPD) simulations were used to understand the mechanical strength evolutions (or stress-strain relationship) during the stretching. Figure 4a showed the DPD model, among which each PAM-r-MVIC molecular chain consisted of a flexible backbone (B) grafted by a few (n) flexible grafts (G) symmetrically and uniformly. The G interacted with each other via hydrogen bonds.
The enlarged view showed the hydrogen bonding interaction described by the 3-body acceptor-hydrogen-donor (AHD) potential. The $\theta_{AHD}$ was the angle among the donor, hydrogen, and acceptor beads, and the $r_{AD}$ was the radial distance between the donor and acceptor beads. The detail of the DPD simulation was demonstrated in supplemental materials. According to the DPD simulations, the tensile strength was enhanced when the content of hydrogen bonds increased under the tensile strain exceeding 50% (Figure 4b), which was consistent with the actual mechanical testing. To get insight into the possible mechanism of the improved mechanical properties behind the increase in hydrogen-bonding contents, we further calculated the orientation degree (order parameters) and the mean square displacement (MSD) of the molecular chains based on the DPD simulations during the stretching in Figure 4c and 4d, respectively. MSD is a physical parameter to measure the deviation of the position of a particle relative to its reference position as it moves over time, which could directly reflect the capacity of the movement of the molecular chains. It can be observed from Figure 4c and S8 that the orientation degree (order parameters) showed an increase with the increasing density of hydrogen bonds, resulting in improved tensile strength. The MSD of PAM-r-MVIC increased linearly with time in the long-time-regime (Figure 4d), suggesting that the PAM-r-MVIC exhibited a diffusive behavior. Moreover, the diffusion coefficient $D_c$ (the slope of MSD at long-time-regime) reduced when the density of hydrogen bonds increased, indicating the high-density hydrogen bonds restricted the movement of chain segments and also led to the high tensile strength. Figure 4e macroscopically described the original state of the hydrogels in its disordered state, while the molecular chains gradually became oriented during the process of stretching, and versa during the recovery process.

![Diagram of hydrogen bonding interaction and molecular chains](image)

**Figure 4**: Simulation and calculation results of high stretchability of PAM-r-MVIC with a dense hydrogen-bonding network. (a) DPD model of PAM-r-MVIC with 5 graft arms ($n = 5$, denoted by 05/NB hydrogen-bonding system). (b) Stress-strain curves and (c) order parameters of molecular chain for PAM-r-MVIC with an increase of hydrogen-bonding contents under stretching. (d) Calculated MSD as a function of time for various PAM-r-MVIC ($n = 2, 8, 11, \text{and} 17$). (e) Schematic illustration of the orientation of hydrogen bonds and molecular chains during the stretching and recovery process.

The as-obtained PAM-r-MVIC had a strong self-adhesiveness to various substrates, including glass, polytetrafluoroethylene (PTFE), wood, rubber, ceramics, steel, copper and pigskin (Figure 5a). To quantitatively characterize the adhesive strength, a lap shear test was adopted to the hydrogel sample of PAM-r-MVIC-2, sandwiched
between a pair of substrates, as shown in Figure 5b. Figure 5c showed the adhesion strength-displacement curves on glass, plastic (polyethylene terephthalate (PET)) and metal (alloy). The peeling strength was taken as the interface adhesion strength for the interface failure and the values of PAM-r-MVIC-1, PAM-r-MVIC-2, PAM-r-MVIC-3 on the PET were 44.7, 27.3 and 41.0 kPa at 1.4, 1.2 and 3.5 mm, respectively. The peeling strength of PAM-r-MVIC-2 on metal was 38.4 kPa at 1.2 mm and on glass was 58.5 kPa at 1.58 mm. Compared with the various samples and substrates, the PAM-r-MVIC-3 adhering to the glass showed the highest adhesion strength (Figure 5d). After 20 repeated adhering and peeling cycles on metals, the PAM-r-MVIC-2 kept a good adhesion with the adhesive strength only decreased from 40 to 30 kPa (Figure 5e). Excessive adhesion leads to substrate damage, or the lack of adhesive force leads to easily falling off, which are major obstacles to the applications of self-adhesive hydrogels in ionic skins [35, 36]. For sake of this, the PAM-r-MVIC-2 was examined by adhered to pigskin. It was easy to be peeled without any residue or irritation (Figure 5f). After self-adhering and peeling off 100 times, the PAM-r-MVIC-2 still adhered well to the pigskin without damage (Figure 5g), indicating a reliable and repeatable adhesion for ionic skin applications.

![Figure 5: Self-adhesion performance of the PAM-r-MVIC. (a) Photographs of PAM-r-MVIC-2 self-adhered to various substrates. (b) Schematic illustration of lap-shear tests. (c) Lap-shear adhesion curves of PAM-r-MVIC on various substrates. (d) Adhesive mechanical strength of PAM-r-MVIC on various substrates. (e) Adhesive mechanical strengths of PAM-r-MVIC-2 to metals for various peeling off-adhering cycles. (f) Photographs showing the self-adhering and peeling of PAM-r-MVIC-2 on pigskin. (g) Photographs showing the peeling off-adhering processes for 100 cycles on pigskin. (h) Schematic illustration of the self-adhesion mechanism of PAM-r-MVIC on various substrates.](image)

The high and durable self-adhesion of the PAM-r-MVIC is attributed to the interaction of functional groups from the surface of hydrogels with substrates...
Carbonyl and amino groups could form covalent and non-covalent bonding on different surfaces. Between the PAM-r-MVIC and charged surfaces, dipole-dipole and ion-dipole interactions also existed. Taking the glass as an example, the surface of the glass was mainly composed of a double bond of silicon-oxygen and oxygen anion. Oxygen anion formed the ionic bond with imidazole cation and dense hydrogen bonds were formed between the double bond of an amino group and silicon-oxygen, which dramatically enhanced the cohesion of the PAM-r-MVIC. The ionic bond played a leading role when the ion content was high in the PAM-r-MVIC-3. On the contrary, the number of hydrogen bonding was larger than that of ionic bonds in PAM-r-MVIC-1. With the increase of ion content, the hydrogen-bond interaction gradually weakened and the dipole-dipole interaction became stronger as the bond energy of ionic bond was greater than hydrogen bond, resulting in the adhesive strength of glass increased at first then decreased. A similar mechanism also existed for the adhesion of PAM-r-MVIC to other substrates such as plastic and wood. The PET plastic mainly contained carbon-based and oxygen, which formed hydrogen-bonding with hydrogen in the PIL hydrogel and formed an ion-dipole interaction with imidazole ions. As for wood, the hydroxyl groups on cellulose formed hydrogen bonding with nitrogen and carbonyl groups, and oxygen on cellulose forms ion-dipole interaction with imidazole ions. The triple interaction between cellulose and PAM-r-MVIC led to the adhesion strength was better than those of glass and plastic. Therefore, the substrate surface has enough surface energy to achieve excellent bonding performance at the bonding interface, where the PAM-r-MVIC had a high adhesion strength and repeatable adhesion.

The ionic conductivity of PAM-r-MVIC-2 was investigated over a wide temperature range and its ionic conductivity increased from 1.3 to 5.6 S m\(^{-1}\) from -20 to 100 °C (Figure 6a). Ionic conductivities were enhanced as a result of fast ion movements with an increasing temperature [37-39]. Figure S9a depicted the resistance values gradually decreased as temperature increased from 25 to 70 °C, which was consistent with the results of the varied ionic conductivity as the temperature increased. Besides, the PAM-r-MVIC-2 exhibited a promising ionic conductivity even at an extremely low temperature (Figure S9b), attributed to a reduced freezing point of hydrogels by the introduction of PIL backbones [40-43]. The sensing performance over a wide temperature range (-20~80 °C) was illustrated (Figure 6b). The output signals were stable, but gradually decreased with the raised temperature, ascribing to an increase of ionic conductivity. The PAM-r-MVIC-2 was not frozen at -10 °C, and able to conduct to lighten up a light-emitting diode (LED) bulb (Figure 6c). After being cut into two pieces, the PAM-r-MVIC-2 self-healed immediately and lit up the LED bulb again (Figure 6d). The resistance of the PAM-r-MVIC-2 film was slightly increased from 1870 to 1970 Ω after being cut and self-healed (Figure 6e), indicating the PAM-r-MVIC-2 not only repaired its mechanical damage but also restored the ionic conductivity. The sensing performance of the PAM-r-MVIC during cutting-healing cycles was furthered measured (Figure 6f). The ΔR/R0 (%) after one-time healing was nearly consistent with the original sample. After 100 times cutting and self-healing, the healed sample could still restore over 95% sensing performance comparing to the original sample. This high-efficiency and reliable sensing capability of the PAM-r-MVIC-2 offered great potentials in the application of wearable sensors.
Figure 6: Extreme temperature tolerance and self-healing performance of the PAM-r-MVIC-2. (a) Temperature dependence of ionic conductivity from -20 to 100 °C. (b) Relative resistance variation at various temperatures. (c) Photograph showing high flexibility at a low temperature. (d) Photograph showing the cutting and self-healing processes of PAM-r-MVIC-2 when connected to a circuit for lightening up a bump. (e) Resistance before and after cutting and self-healing. (f) Relative resistance variation after cutting and self-healing processes for various times.

Ascribing to the excellent mechanical elasticity and high ionic conductivity, the PAM-r-MVIC is an ideal candidate for wearable ionic skin sensors. An ionic sensor in an integrated capacitance/resistance bimodal type was assembled using the PAM-r-MVIC-2 as a stretchable ionic conductor (Figure 7a). Benefitted from its self-adhesive properties, the PAM-r-MVIC could adhere tightly to the polyethylene dielectric layer without any gap, further improving the measurement accuracy. Sensitivity was defined from the relative resistance change (R-R_0/R_0) and capacitance change (C-C_0/C_0) versus stress, and obtained from the slope of the curve [44-46]. The R_0 and C_0 are the original resistance and capacitive, and R and C are the real-time resistance under stress, respectively. The capacitive sensitivity of the PAM-r-MVIC-2 ionic sensor was 0.06 kPa⁻¹ when the stress was less than 3 kPa (Figure 7b). The sensitivity reduced to 0.04 kPa⁻¹ under the stress in a range of 3-9 kPa. Figure 7c demonstrated the output capacitance signal and the input stress of PAM-r-MVIC-2 matched well and both waveform peaks synchronized, indicating a negligible signal hysteresis. When the pressure was applied to 10 kPa at different frequencies (0.03-0.5 Hz), the ΔC/C_0 (%) was kept consistent with its mechanical behavior and no electromechanical hysteresis was observed. Figure 7d showed capacitance response profiles under various pressures. The capacitances changed with the increased pressures, attributing to the ionic conductive path was significantly improved with increased pressure. As shown in Figure 7e, 1000 loading/unloading cycles at a pressure of 0-40 kPa were applied to the PAM-r-MVIC-2 sensors, and the ΔC/C_0 (%) changed between 0-80% without any obvious signal deviation, indicating the excellent stability and repeatability.

The resistance-type sensing properties were also evaluated. The resistive sensitivity of the sensor was 0.01 kPa⁻¹ and 14.67 kPa⁻¹ with the applied tensile
strength within the ranges of 0-50 kPa⁻¹ and 50-110 kPa⁻¹ (Figure 7f), respectively. The change of ΔR/R₀ from 0-105% kept a good linear relationship within the stress range of 0-60 kPa (Figure 7g). The ionic sensors were able to respond to the continuous pressure with different loading speeds (0.03-0.5 Hz), and produced a good match between the pressure and the relative resistance change. The real-time responses were tested under cyclic loading/unloading pressures of 0-80, 0-90, 0-100, and 0-110 kPa (Figure 7h), and the corresponding relative resistance increased linearly with the change of 0-85%, 0-185%, 0-280%, 0-350%, respectively, showing stable, continuous, and highly reproducible signals at various pressures. Subjecting the ionic sensor to 1000 compression/release cycles at a pressure of 0-10 kPa, the output signal was consistent with the applied pressure with ultra-high stability (Figure 7i), attributing to its good mechanical durability and reproducibility. These results indicate the assembled bimodal ionic sensor possesses the potential for dynamic consecutive pressure detection [47, 48].

![Figure 7: Sensing performance of the PAM-r-MVIC-2 in bimodal capacitive/resistive ionic sensors.](image)

(a) Schematic illustration for the design of bimodal sensors. (b) Sensitivities in a capacitance mode. Relative capacitance variation under pressures with various (c) frequencies and (d) forces. (e) Cycling stability of relative capacitive changes. (f) Sensitivities in a resistance mode. Relative resistance variation under pressures with various (g) frequencies and (h) forces. (i) Cycling stability of relative resistance changes.

The potential application of PILs hydrogels for wearable ionic sensors was investigated considering the PAM-r-MVIC integrated many desirable properties. The PAM-r-MVIC bimodal sensor was worn onto different parts of human body and the relative changes in resistance and capacitance during human activities were recorded. The various movements were accurately monitored under different pressure conditions. When the index finger stepwise bent to 15°, 30°, 60° and 90°, the ΔR/R₀ increased to 4%, 14%, 40% and 45% (Figure 8a), and the ΔC/C₀ increased to 7%, 15%, 35% and 40% (Figure 8b), respectively. When stuck PAM-r-MVIC-2 on
the wrist and swung it regularly at an angle of 30°, the \( \Delta R/R_0 \) (Figure 8c) and the \( \Delta C/C_0 \) (Figure 8d) gradually increased to 31% and 28%, respectively. Apart from the ability to perceive large human body motions, the PAM-r-MVIC-2 stress sensors could also monitor subtle deformation. When adhering the encapsulated PAM-r-MVIC-2 to the throat of an adult, the signals could be reflected when swallowing occurred (Figure 8e, 8f). These repeatable signals powerfully demonstrated the reliability of PIL hydrogels as a flexible wearable sensor [49, 50].

**Figure 8:** Wearable PAM-r-MVIC-2 bimodal sensors monitoring complex human motions. Real-time resistance and capacitance signals recorded in detecting (a, b) finger bending, (c, d) wrist bending, and (e, f) swallowing. Inset photographs were captured during corresponding measurements.

3. Discussion

A novel PAM-r-MVIC hydrogel was prepared by a hydrogen-bonding network densification strategy, during which a chemically cross-linked random copolymer with an intermolecular dense hydrogen-bonding interaction was in-situ formed. Benefitted from the imidazole groups in the hydrogel backbone and dense hydrogen-bonding network, the resultant hydrogels combined outstanding mechanical properties (e.g., high strength, stretchability, compressibility, toughness, fast self-recovery and fatigue resistance), high transparency of nearly 100% in the visible light range, and excellent ionic conductivity. The DPD simulations and MSD calculations further proposed the mechanical enhancement mechanism for the PAM-r-MVIC hydrogel, manifesting that the orientation of hydrogen bonds during the stretching and the restriction of molecular chains by the dense hydrogen-bonding network synergistically led to dramatically improved mechanical strength and toughness. More importantly, the PAM-r-MVIC hydrogel is capable of being adhered to diverse surfaces, such as metal, wood, plastic, glass, and skin, and the tailored adhesive mechanical strength was highly maintained after repeated adhering and stripping cycles for 100 times. Besides, the PAM-r-MVIC hydrogel is capable of maintaining high ionic conductivity, excellent compressive sensitivity and high durability at extremely cold temperatures, allowing them to be designed as a capacitive/resistive bimodal sensor for human-motion detections. The PAM-r-MVIC sensors could accurately monitor both large-range human movements and small stress changes, such as the motions of finger bending, wrist flexion and swallowing. It was envisioned the hydrogen-bonding network densification strategy provided a
new path for the preparation of ionic conductive hydrogels with high mechanical elasticity, excellent fatigue resilience, high sensitivity and outstanding durability in a wide temperature range for skin-inspired ionic sensors.

4. Materials and Methods

4.1 Synthesis of the MVIC. 1-Methylimidazol (2.1 g, 25 mmol), 4-vinylbenzyl chloride (3.82 g, 25 mmol) and DI water (1 mL) were mixed and stirred at 25 °C in nitrogen for 12 h. Yellow oily liquid was collected and washed with diethyl ether and ethyl acetate, respectively. The products were freeze-dried in a vacuum to obtain a transparent and viscous liquid, and the yield is 2.99 g (~60.0%). 1H NMR (400 MHz, D2O) δ 8.62 (s, 1H), 7.26 (s, 1H), 7.22 (s, 1H), 7.18 (d, J = 7.8 Hz, 5H), 6.47 (dd, J = 17.6, 11.0 Hz, 2H), 5.61 (d, J = 17.7 Hz, 2H), 5.12 (d, J = 4H), 3.67 (s, 6H). MALDI-TOF for C13H15N2 [M]⁺: m/z = 198, found: 199.

4.2 Preparation of PAM-r-MVIC hydrogels. A mixture of AM (1.06 g, 15 mmol), MVIC (2.985 g, 15 mmol), N,N’-methylene bisacrylamide (MBA, 4.6 mg, 0.03 mmol) and ammonium persulphate (APS, 6.8 mg, 0.03 mmol) was dissolved into 5 mL of DI water under stirring. The mixed solution was bubbled with nitrogen for 30 min and then poured into a PTFE mold at 50 °C in a vacuum for 6 h. The PAM-r-MVIC was obtained and the PAM-r-MVIC-1, PAM-r-MVIC-2, PAM-r-MVIC-3 represent the as-obtained hydrogel samples with an AM/MVIC mole ratio of 2:1, 1:1, 1:2, respectively. For comparison, hydrogel samples of PAM and PMVIC were prepared following the described method for the preparation of PAM-r-MVIC, but without the addition of MVIC and PAM, respectively.

4.3 Order parameter. The order parameter of the stretched molecular chain during the stretching process is characterized by the second-order Legendre polynomials <P2> and is given by [51]:

$$<P_2> = \frac{3\langle \cos^2 \theta \rangle - 1}{2}$$

where \( \theta \) is the angle between bonds and the deformed direction.

4.4 Mean square displacement and diffusive coefficient. The temporal evolution of the mean square displacement (MSD) as a function of time for different PAM-r-MVIC systems (i.e. \( n = 2, 8, 11, \) and 17) was obtained from the dissipative particle dynamics (DPD) simulations at the equilibrium state. The diffusion coefficient \( D_c \) could be deduced from the linear fitting of data in the long-time-regime.

$$MSD = \langle[R(t) - R(0)]^2\rangle$$

$$D_c = \frac{1}{6} \lim_{t \to \infty} \frac{d}{dt} MSD$$

where the \( R(t) \) and \( R(0) \) is the position of the center-of-mass of DPD bead at time \( t \) and 0, respectively.

Acknowledgments

Author Contributions: B. Zhang, C. Zhang and T. Liu conceived the idea and designed the experiments; X. Zhang conducted the simulations; B. Zhang and X. Zhang performed the synthesis and stress sensing property measurements; J. Zhu, J. Xu, C. Zhang and T. Liu analyzed data and discussed the results. All authors contributed equally to the writing of the manuscript.
Funding: This work was supported by the National Natural Science Foundation of China [grant number 21875033], the Shanghai Rising-Star Program [grant number 18QA1400200], and the Shanghai Scientific and Technological Innovation Project [grant number 18JC1410600].

Conflicts of Interest
The authors declare that there is no conflict of interest regarding the publication of this article.

Data Availability
The data is available from the authors.

Supplementary Materials
Supplemental information includes materials, characterizations, dissipative particle dynamics, 9 figures, and 2 tables. Figure S1: Synthesis route of the MVIC. Figure S2: MALDI-TOF mass spectrum of the MVIC. Figure S3: $^1$H NMR spectrum of MVIC in D$_2$O. Figure S4: UV-vis spectra of the PAM-r-MVIC. Figure S5: Equilibrium swelling ratios of the PAM-r-MVIC in water. Figure S6: Successive loading-unloading tests of PAM-r-MVIC under tensile and compression. Dissipated energy and energy dissipation coefficients of PAM-r-MVIC-2 under tensile/compressive cycles. Stress-strain curves of PAM-r-MVIC-2 at various tensile/compressive strains. Figure S7: Tensile recovery test of PAM-r-MVIC-2 with various resting time. Tensile dissipated energy and energy dissipation coefficients during the tensile recovery test with various resting time. Compressive recovery test of PAM-r-MVIC-2 with various resting time. Tensile dissipated energy and energy dissipation coefficients during the compressive recovery test with various resting time. Figure S8: Order parameter of hydrogen bonds with various contents during stretching. Figure S9: Temperature-dependent resistance changes of PAM-r-MVIC-2. Photograph showing the PAM-r-MVIC-2 lightening up an LED bulb at an extremely low temperature. Table S1: Interaction parameters $a_{ij}$ (in DPD units) used in the simulations. Table S2: Summary of mechanical properties and sensing performances of PAM-r-MVIC and ionic conductive gels in literature.

References


