Reviewing the Safe Shipping of Lithium-Ion and Sodium-Ion Cells: A Materials Chemistry Perspective

Ashish Rudola, Christopher J. Wright, and Jerry Barker

Faradion Limited, The Innovation Centre, 217 Portobello, Sheffield S1 4DP, UK

Correspondence should be addressed to Jerry Barker; jerry.barker@faradion.co.uk

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High energy density lithium-ion (Li-ion) batteries are commonly used nowadays. Three decades’ worth of intense research has led to a good understanding on several aspects of such batteries. But, the issue of their safe storage and transportation is still not widely understood from a materials chemistry perspective. Current international regulations require Li-ion cells to be shipped at 30% SOC (State of Charge) or lower. In this article, the reasons behind this requirement for shipping Li-ion batteries are firstly reviewed and then compared with those of the analogous and recently commercialized sodium-ion (Na-ion) batteries. For such alkali-ion batteries, the safest state from their active materials viewpoint is at 0 V or zero energy, and this should be their ideal state for storage/shipping. However, a “fully discharged” Li-ion cell used most commonly, composed of graphite-based anode on copper current collector, is not actually at 0 V at its rated 0% SOC, contrary to what one might expect—the detailed mechanism behind the reason for this, namely, copper dissolution, and how it negatively affects cycling performance and cell safety, will be summarized herein. It will be shown that Na-ion cells, capable of using a lighter and cheaper aluminum current collector on the anode, can actually be safely discharged to 0 V (true 0% SOC) and beyond, even to reverse polarity (negative voltages). It is anticipated that this article spurs further research on the 0 V capability of Na-ion systems, with some suggestions for future studies provided.

1. Introduction

The modern lithium-ion (Li-ion) battery is now ubiquitous. By virtue of its high energy density, it has pervaded many sectors of modern day-to-day life as the de-facto battery choice therein, such as consumer electronics, personal mobility devices, or hybrid/fully electric vehicles [1]. As an example of the sheer scale of use of Li-ion batteries in the world today, the number of laptops and tablets shipped worldwide in 2020 was estimated at around 377 million units [2], while the number of mobile phones shipped just in the last quarter of 2020 was estimated at 374 million units [3]. This demand for Li-ion batteries requires them to be shipped worldwide in large quantities.

From a safety viewpoint, it is now well known that Li-ion batteries can pose major fire/explosion hazards if appropriate care is not taken during their storage, transportation, and also operation [4–6]. Due to such safety concerns, Li-ion batteries are officially classified as “Dangerous Goods” by national as well as international transport authorities, such as the UNECE (United Nations Economic Commission for Europe) or the IATA (International Air Transport Association) [7–9]. There are, thus, strict international regulations concerning the safe transport and storage of Li-ion batteries, with the latest regulations stipulating that the State of Charge (SOC) of a Li-ion battery should not exceed 30% during storage or shipping [7–9]. Such requirements make shipping Li-ion cells a costly affair [4, 8, 10, 11].

It should be stressed that the working principle of the Li-ion battery is not inherently unsafe: it is the materials used in these batteries, such as the flammable liquid electrolytes, that can lead to major safety hazards [6, 12]. As can be intuitively understood, the safest state for a rechargeable battery system will generally be at 0 V, where there is no driving force at all between the positive electrode (cathode) and negative electrode (anode). However, for Li-ion batteries using a carbon-based anode, discharge down to 0 V is fraught with complications (to be discussed in detail in the next section). It should be stated that there are other types of Li-ion batteries that can be discharged down to 0 V, such as those using higher potential anodes such as lithium titanium oxide, for example, Toshiba’s Super Charge ion Battery (SCiB) [13].
Evidently, the materials used in alkali-ion batteries can have a huge impact not only on their performance (such as on energy density or cycle life) but also on their safety.

On this point, consider the analogous sodium-ion (Na-ion) battery: this type of alkali-ion battery just requires a swap between the lithium-based materials used in Li-ion batteries with that of sodium-based materials, without any change in the working principle of the battery or methods to manufacture the battery [14]. In the last decade, there has been tremendous research focus on Na-ion batteries due to a multitude of reasons such as their expected low costs on account of the much greater sodium resources in the earth relative to lithium resources, prospects for achieving fairly high energy densities together with long cycle life, good rate and temperature performance, fast charge capability, and importantly enhanced safety [15–17]. As a result, Na-ion batteries have now been commercialized [11, 14, 18].

The purpose of this review article is to focus on one particular aspect of commercially available room temperature rechargeable alkali-ion batteries: the requirements of storing and shipping such batteries, from a basic materials chemistry point of view, for both Li-ion and Na-ion batteries. In doing so, we will firstly summarize the chemistry limitations of discharging Li-ion batteries to 0 V and also highlight what problems arise upon deep discharge to 0 V and beyond, to negative voltages. We will then touch on analogous data for Na-ion batteries and present the case for why deep discharging Na-ion cells to 0 V does not negatively influence performance and why doing so is inherently very safe. By putting a spotlight on this practical issue of storing and transporting alkali-ion cells, we hope to further boost confidence in the Na-ion technology as a cost-effective complementary technology to its older cousin, the Li-ion battery.

2. Discharging Li-Ion Batteries to 0 V: Issues and Risks

The Li-ion battery chemistry is varied as different types of materials can be used in its cathode, anode, and electrolyte. But the Li-ion chemistry used most commonly currently and which is also the most energy dense, contains a graphite-based anode (either graphite being the sole active material or mixed with some alloy-forming material such as Si), a lithium nickel-manganese-cobalt oxide or lithium nickel-cobalt-aluminum oxide cathode (abbreviated as NMC or NCA, respectively) and flammable liquid electrolytes using LiPF_6 salt and carbonate-ester solvents such as ethylene carbonate (EC), dimethyl carbonate (DMC), or diethyl carbonate (DEC). Another commonly used Li-ion cathode utilises LiFePO_4 (LFP): LFP/graphite Li-ion cells might have lower energy densities but have other benefits such as better rate performance or enhanced safety. The issue of deep discharging such NMC/NCA/LFP/graphite Li-ion batteries to 0 V stems not from the actual active materials in the cathode and anode but from the current collectors used as the substrate to form the cathode/anode. Specifically, aluminum current collectors are used for the cathode, but copper current collectors are used for the anode. It would be preferable for both cathode and anode to use Al, as Al is not only much lighter than Cu but also cheaper [14, 19–21]. Unfortunately, Li alloys with Al to form Li_xAl at low potentials vs. Li/Li^+, thus requiring the need for Cu on the anode, as Li does not diffuse into Cu in appreciable quantities during normal operation of a rechargeable Li-ion cell [22]. While other materials could also be used as the anode current collector, Cu is by far the most commonly used currently. [23]

The use of Cu current collector on the anode is the chief reason why graphite-based Li-ion cells cannot be discharged down to 0 V. To better understand this point, it might be useful to remember that a Li-ion cell’s voltage at any point during the cell’s cycling is simply the potential of the anode subtracted from the potential of the cathode. This is schematically explained in Figure 1(a) for a hypothetical alkali-ion full cell, with the potentials referenced against the alkali metal’s redox potential (for example, vs. Li/Li^+). It should be kept in mind that there are several factors influencing a full cell’s output voltage, such as the reversible capacities of the anode and cathode and ratio of the masses of the active materials in the anode and cathode (both points dictate a full cell’s anode:cathode capacity balance or the so-called N/P ratio), kinetics of the alkali-ion storage in anode/cathode, kinetics of the electrolyte, operating temperature, or cycling rate, to name just a few. For simplicity and relevance to the discussion herein, we can consider the case of commercial graphite Li-ion cells which have been appropriately balanced (N/P ratio slightly in excess of 1). These Li-ion cells are capacity balanced in such a way that they are designed to be discharged down to 2–2.8 V (typically, depending on the manufacturer), and this full cell voltage is classified as 0% SOC or 100% DOD (Depth of Discharge) [24, 25]. However, these cells are obviously not at 0 V at this state, and they can be further discharged beyond 0% SOC, to voltages such as 1 V, 0 V, or even -1 V (these states are often referred to as “overdischarged states” in the literature) [26–29].

Returning to Figure 1(a), it can be seen that during discharge of a Li-ion cell, the anode’s potential continuously increases. For Li-ion cells using graphite-based anodes on Cu current collectors, the issue arises when the anode’s potential is allowed to rise to high potentials vs. Li/Li^+. It is known that Cu oxidizes at potentials above 3 V vs. Li/Li^+; the thermodynamic potentials (in aqueous media) of the Cu/Cu^{2+} and Cu/Cu^{+} redox couples are 3.377 V vs. Li/Li^+ and 3.56 V vs. Li/Li^+, respectively. Cu dissolution is a known problem and is the reason why commercial graphite-based Li-ion cells are not discharged to 0 V. When graphite-based Li-ion cells are overdischarged, the graphite anode’s potential increases beyond 3 V. For example, Kasnatscheew et al. show, using three-electrode NMC/graphite full cells (where a Li metal reference electrode can track the individual potentials of the cathode as well as the anode in the course of cycling, thus yielding potentials vs. Li/Li^+), that if such Li-ion cells are allowed to overdischarge (common causes for overdischarging Li-ion cells mentioned in the next section), the graphite anode’s potential will reach 3.56 V vs. Li/Li^+ (refer to Figure 1(b)) indicative of Cu current collector’s oxidation [29]. Upon continued overdischarging, the graphite anode’s potential stayed flat around 3.56 V vs.
Li/Li$^+$ even when the cell exceeded its design capacity by a factor of ~6. Simultaneously, the cathode potentials showed an unusual pseudo-plateau around 2.8–3 V vs. Li/Li$^+$. As noted by the authors, Cu deposition on the cathode occurred due to the fact that the cathode potential was lower than the anode potential in the overdischarged states; Cu deposition was identified by SEM-EDX (scanning electron microscopy-energy dispersive X-ray spectroscopy) [29].

While there might be some uncertainty regarding whether Cu oxidizes as Cu$^+$ or Cu$^{2+}$, results from several studies indicate that the preferred oxidation of the copper current collector in typical nonaqueous Li-ion electrolytes appears to proceed via the Cu/Cu$^+$ redox couple (this cannot, however, be stated definitively currently due to conflicting reports in the literature), and that Cu deposition onto the cathode can be metallic in nature as well as Cu compounds such as Cu$_2$O or Cu(OH)$_2$ [26, 29–32]. There are numerous examples in the literature on the pernicious effects of overdischarging commercial Li-ion cells. As an illustration, Flügel et al. showed that overdischarged commercial 18650-type 1.5 Ah Li-ion cells when held at 0 V for 430 h (~18 days), exhibited visible holes in the Cu current collector brought about by Cu dissolution (refer to Figure 2(a)) [33]. The consequences for even small amounts of Cu dissolution are profound for a Li-ion cell. This is because it is known that Cu dissolution from the graphite-anode current collector could weaken the adhesion of the graphite anode’s coating, and that the deposited Cu on the cathode (as either Cu compounds or metallic Cu) blocks that portion of the cathode which it covers, effectively limiting the passage of Li-ions between the electrodes, reducing cell capacity [32]. As a quantification of the impact of overdischarging of Li-ion cells to 0 V, refer to data from Hendricks et al. shown in Figure 2(b) [32]. The authors of this study showed that 52 Ah commercial Li-ion cells, when overdischarged to 0 V just one time, lost ~10% of their capacity in 40 normally discharged cycles (the control samples, which were not overdischarged, showed no capacity fade in 40 cycles) [32]. In their study, Hendricks et al. did not see metallic Cu on the cathode (they observed Cu$^+$ and Cu$^{2+}$ compounds)—the situation can be significantly worse, if not catastrophic, if metallic Cu precipitates on the cathode as detailed below.

From Figure 1, it can be seen that towards the tail-end of “regular discharge” of an appropriately balanced commercial Li-ion cell, the cathode and anode potentials are generally undergoing rapid decrease and rapid increase, respectively. Because of this, it is very easy and indeed fast for a Li-ion cell’s voltage to slip from the rated 0% SOC to negative voltages (below 0 V). It should be understood that the nature of full cell balancing as designed by a cell manufacturer would largely dictate how rapid this voltage slippage process would be and that this might vary between different cell manufacturers even for the same Li-ion chemistry. In these extreme overdischarged states, metallic Cu can easily be deposited on the cathode, as presented in Figures 3(a) and 3(b), with data from Langner et al. [28] and Ma et al. [34], respectively. Figure 3(a) displays metallic Cu plating on the cathode of a 20 Ah Li-ion pouch cell, which was made to discharge up to 31.5 Ah (the full cell voltage dropped as low as around -2 V). Under such conditions, Langner et al. reported extensive metallic Cu plating on the cathode, along with white spots belonging to the breakdown of the polylefinic
Figure 2: Negative effects on graphite-based Li-ion cells when overdischarged to 0 V. (a) Cross-section SEM image of a graphite anode harvested from an 18650-type commercial Li-ion cell which was held at 0 V for 430 h: visible holes on the Cu current collector can be clearly seen. (a) reproduced with permission from [33]. Copyright (2020) John Wiley and Sons. (b) Capacity retention of 52 Ah commercial NCA/graphite Li-ion cells (cycled between 2.5 and 4.1 V) after a single overdischarge event where the cells were held at 0.5 V, 0.25 V, or 0 V for nine months. (b) reproduced under the terms of CC BY 4.0 from [32].

Figure 3: The effects of overdischarging graphite-based Li-ion cells to negative voltages. (a) Image of the cathode retrieved from a 20 Ah rated NMC/graphite Li-ion pouch cell which was overdischarged till a capacity of 31.5 Ah resulting in full cell voltages as low as -2 V: Cu deposits can be clearly seen. (a) reproduced under the terms of a Creative Commons Attribution 4.0 International License from [28]. (b) Images of the cathode and anode retrieved from 18650-type NMC/graphite Li-ion cells which were overdischarged to negative voltages, clearly showing metallic Cu deposits on the cathode. (b) reprinted with permission from [34]. Copyright (2020) American Chemical Society. (c) A dangerous spike in the temperature of an NCA/graphite Li-ion cell when overdischarged beyond its rated 0% SOC (2.5 V) at a 1C discharge rate. (c) reproduced under the terms of CC BY-NC-ND 4.0 from [35].
separators typically used in commercial Li-ion batteries [28]. Similarly, in Figure 3(b), Ma et al. reported that 2.5 Ah 18650-type NMC/graphite Li-ion cells, when overdischarged to 110% or 150% DOD (corresponding to full cell voltages of -1.12 V and approximately -0.3 V), showed significant metallic Cu deposition on the cathode and that the extent of metallic Cu deposition increased as the extent of overdischarge increased [34]. It might be worth mentioning that as overdischarging is allowed to continue, studies have reported that the voltage of Li-ion cells first decrease to a minimum (such as -1 or -2 V) and then increase, gradually tending towards 0 V—such an increase in voltage is believed to arise due to internal shorting in the cell caused by the growth of metallic dendritic Cu on the cathode, which can pierce through the separator and hence cause localized contacts between the cathode and the anode [28, 30, 34–36]. Extreme overdischarging can have serious consequences as the internal microstructure of the battery is compromised: issues such as internal shorting due to growth of metallic dendritic Cu and decrease in the mechanical integrity of the separator, reduced porosities in the cathode and blockage of electrochemical active sites on the cathode can not only result in rapid capacity loss but also pose serious thermal hazards [32, 34, 35]. For example, Fear et al. showed that a Li-ion cell’s temperature can rapidly increase when overdischarged at 1C cycling rate (discharge in 1 h)—as shown in Figure 3(c), a 3.35 Ah 18650-type Li-ion cell’s temperature rose from 21°C at the beginning of discharge to 65°C at 0 V and reached a peak temperature of 79°C shortly after reaching 0 V in the course of overdischarging the cell [35]. While such temperatures might not necessarily induce thermal runaway, as detailed previously, irreversible damage to the cell would already have occurred by this point.

3. Causes of Overdischarge in Commercial Li-Ion Cells

The discussions presented above highlight the need to prevent overdischarging of Li-ion cells, but despite a battery manufacturer’s best attempts to produce consistent cells without manufacturing defects, overdischarging of Li-ion cells might still occur in the course of their operation by several mechanisms. Perhaps the most common cause might be when Li-ion cells are connected in series to form strings of cells, as occurs in most high voltage Li-ion battery packs used for applications such as different types of electric vehicles or stationary energy storage. As each cell in a series string would experience the same amount of current flow, if the string has even one underperforming cell with lower capacity compared with its sister cells in the string, that underperforming cell might have the potential to experience overdischarge or overcharge conditions; healthy cells with their rated capacity would not experience this [31, 37, 38]. There are several studies in the literature that discuss the best techniques or models to quantify the likelihood of premature cell failure caused by cell-by-cell variations [39–42]. As an illustration, a recent study by Xie et al. studied cell-by-cell variations of 80 commercially available 3 Ah NCA/graphite 18650-type Li-ion cells from Panasonic [39]. They showed that the standard deviation (SD) in delivered capacities from these cells was 0.63% in the initial cycles, with a capacity swing between the best and the worst cell being 0.1087 Ah. Furthermore, the authors also connected the 80 cells in series to form a string and controlled the cycling of the series string by just current and duration (thus, capacity for each cell was the same) and measured the voltage response. They showed that the 80-cell series string could show as much as 2.14% SD in the voltage at the end of the discharge with a voltage swing as high as 0.3 V between the best and the worst performing cell [39]. While not a concern in the initial cycles, the effects of such cell-by-cell variations multiply with continued cycling. For example, Preger et al. observed that the cycle life to 20% capacity fade for three Panasonic 18650-type NCA/graphite Li-ion cells varied from ~430 cycles to ~535 cycles (SD ~ 53) at 1C discharge from 100% SOC to the rated 0% SOC: in contrast, when at 5% capacity fade (around cycles 90–100 for the different cells), these cells demonstrated significantly lower SD ~6 [41]. Similar conclusions were demonstrated by Harris et al. utilising 24 LiCoO2/graphite Li-ion pouch cells with a rated capacity of 4.4 Ah using an accelerated aging study with 10C discharge: these 24 cells demonstrated almost identical capacity fade after 100 cycles, but their cycle number to 20% capacity fade varied widely (from 255 cycles to 560 cycles with an SD of ~94), with four pouch cells not having reached 20% capacity fade by cycle 560 [42]. It can thus be appreciated that for Li-ion cells connected in series, chances of overdischarge of the underperforming cells could start becoming statistically significant towards the second half of their expected cycle lives.

Once a cell has experienced overdischarge, its performance would subsequently be compromised and thus induce greater load on the healthy sister cells which might now be forced to supply the missing capacity, thereby increasing the likelihood of their failure in turn. To mitigate this, in Li-ion packs, it is standard-practice to use a Battery Management System (BMS). BMS systems vary widely in their abilities to balance cells and handle underperforming cells—the more technologically advanced BMS systems tend to cost more, thus increasing the price of commercial packs [37]. BMS systems rely on monitoring the SOC of individual cells or assemblies of cells such as modules or submodules. There have been many studies on the best techniques to measure the SOC of Li-ion cells, as the cycling profiles of Li-ion cells used to estimate the SOC can vary widely based on different Li-ion chemistries, and thus, it is not a straightforward task [43–45]. However, if the BMS system fails due to any reason, the likelihood of Li-ion cells overdischarging would also increase.

Another route whereby overdischarging of Li-ion cells might occur is from the self-discharge of Li-ion cells, especially when the cells are stored for long periods of time. The likelihood of overdischarge due to self-discharge for a particular Li-ion cell is quite dependent on the temperature as higher temperatures significantly increase the self-discharge rates [46–49]. Another variable that affects self-discharge rates is the SOC of the Li-ion cells—the self-discharge rates are higher at high SOCs and are actually
quite low at low SOCs [48, 50, 51]. For instance, Zimmermann shows that at 20°C, LiNi_{x}Co_{1-x}O_{2}/graphite Li-ion 40 Ah cells exhibited self-discharge current values between \(~\sim C/20,000 and \sim C/14,000\) at 3.30 V \((\sim 15\%\) SOC for typical LiNi_{x}Co_{1-x}O_{2}/graphite cells) [47] during long-term storage, depending on the method of self-discharge rate estimation [51]. The mean value of the self-discharge rate \((\sim C/17,000)\) would indicate that the cell might self-discharge from 15\% SOC to 0\% SOC in \sim 3.5 months, and thus, overdischarge beyond this timeframe. However, caution is advised when generalizing such results to other kinds of Li-ion cells as it is also known that different Li-ion chemistries and/or types can exhibit different rates of self-discharge [47, 51]. For example, Redondo-Iglesias et al. observed that NMC/graphite Li-ion polymer cells demonstrated negligible self-discharge rates at 30\% SOC at 30°C [48, 52, 53]. In real-world settings, effects of self-discharge might become relevant for applications such as back-up energy storage or in military applications, where the batteries might not be used for several years. During this time, apart from self-discharge, the cells might have small load requirements of the BMS and/or might even have parasitic loads. Thus, if not managed correctly, the cells might slip in time to overdischarge conditions, especially at elevated temperatures [23, 32, 54]. This situation might also occur in electric vehicles that are parked at low SOCs for long durations especially at high temperatures above 40°C—they can actually overdischarge during this time (and thus significantly affect lifetime of the battery as already outlined in the previous section) [31].

4. Shipping Constraints for Li-Ion Cells

As mentioned previously, the current international regulations stipulate that the Li-ion cells should have a maximum SOC of 30\% during shipping. It is now well understood that as the SOC of a Li-ion cell increases, so does its thermal instability. For instance, Doughty and Routh showed that the peak thermal instability of a Li-ion 18650-type cell rapidly increased with its SOC, as measured by Accelerating Rate Calorimetry (ARC)—as also depicted in Figure 4(a), the peak self-heating rate of the cell at 4.3 V was almost double than that at 3.8 V, along with slightly lower onset temperature of self-heating (the higher the onset temperature for self-heating, the more thermally stable the cell) [5]. While this data was obtained using the less commonly utilised LiCoO_{2} cathode, the principles would be translatable to any alkali-ion system. As an example, recent data from Börner et al. on LiNi_{x}Mn_{y}Co_{1−x}O_{2} (NMC532)/graphite 2.2 Ah 18650-type Li-ion cells provided some valuable insights on the thermal stability of commercial Li-ion cells common currently [55]. Figure 4(b) presents their ARC data on fresh Li-ion cells that were charged to either 0\% SOC, 50\% SOC, or 100\% SOC, along with corresponding data for these cells cycled to 20\% capacity fade at 20°C (thus, at 80\% SOH or State of Health). The authors defined \(T_{\text{onset}} = 0.02\, \text{K/min},\) as the onset temperature for self-sustaining exothermic reactions, while \(T_{\text{TR}} = 10\, \text{K/min}\) was defined as the onset of thermal runaway. Thermal runaway is the worst-case scenario when it comes to battery safety and involves a situation where the cell’s temperature is allowed to rise to such a degree that no easily implementable form of intervention, such as common cooling systems for Li-ion battery packs, would prevent further rise in temperatures—thermal runaway situations in commercial-scale Li-ion cells generally result in catastrophic fires or explosions, often scaling with the size of the cell [5, 6]. With this in mind, it can be seen from Figure 4(b) that as the SOC of the Li-ion cell increased, the easier it was for the cell to reach \(T_{\text{TR}}\); in fact, for the 0\% SOC Li-ion cell, \(T_{\text{TR}}\) was avoided completely, at least up to 300°C. Furthermore, the \(T_{\text{onset}}\) temperature was higher as the SOC of the cell decreased [55]. Similar results were seen by Ribière et al., for LiMn_{2}O_{4} (a much safer Li-ion cathode than NMC) [5]/graphite Li-ion 2.9 Ah pouch cells utilising oxygen consumption calorimetry: as shown in Figure 4(c), the 0\% SOC cell demonstrated a heat release rate \((HRR)\) of 0.22 MW/m², significantly lower than that of the 50\% SOC cell \((HRR = 1.03\, \text{MW/m²})\) and 100\% SOC cell \((HRR = 1.7\, \text{MW/m²})\), the latter of which was almost comparable to that of highly flammable gasoline [56].

The safety implication of the above was one of the main reasons why international regulations for shipping were modified in 2016: prior to 2016, it was common for Li-ion cells to be shipped at 50\% SOC [57]. The above data indicates that the requirement of shipping or storing Li-ion cells at 30\% SOC might still not be very safe—for Li-ion cells, it is clear that their safest state is at 0\% SOC. However, shipping carbon anode-based Li-ion cells at 0\% SOC is not actually feasible as these Li-ion cells can undergo self-discharge at low SOCs and slip to overdischarge conditions over long time durations especially at elevated temperatures, as previously mentioned.

5. Uniqueness of the Na-Ion Chemistry: Discharge to 0 V

The Na-ion battery chemistry allows the use of Al current collector on the anode as Na-Al binary alloys are not known to date, where Na is present in Al in appreciable quantities to affect battery performance [58]. Thus, use of Al on the anode conveniently circumvents all issues seen with overdischarging graphite-based Li-ion cells as detailed in the previous sections. As shown in Figure 5(a), a three-electrode Na-ion cell utilising a mixed-phase Na_{x}Ni_{1−x}Mn_{y}Co_{1−y}O_{2} \((0 < a, x, y, z \leq 1)\) cathode, hard carbon anode, and liquid electrolyte composed of NaPF_{6} salt in carbonate-ester solvents can be discharged down to 0 V without any issues such as Al dissolution, as gauged from the smooth cycling profiles [14, 18, 59]. It can be seen that at 0 V for the full cell, the anode potential is around 2.7 V vs. Na/Na\(^+\), a very safe value keeping in mind the electrochemical stabilities of carbonate-ester solvents [60]. In terms of cycling stability, Figures 5(b) and 5(c) show long-term cycling of a Na-ion cell between 4.3 and 0 V, where the cell was potentiostatically held at 0 V for 48 h at the end of each discharge [18]. It can be seen that the cell’s cycling stability was not compromised upon deep discharge to 0 V. Effects of long-term shorting of Faraday’s Na-ion cells at 0 V have been investigated as well with time
durations such as three, six, or twelve months, with little impact on long-term cycling stability. As an example, refer to Figure 5(d), which compares the cycling stabilities of two Na-ion cells: one cell was physically shorted for six months at 0 V, while the other was the baseline cell which did not undergo this 0 V short [14]. As can be seen, the cycling stability for the 0 V shorted cell over six months was found to be identical with that of the baseline cell.

From the above, it should be apparent that discharging Na-ion cells to 0 V is not an abnormal event for Na-ion systems. Indeed, the temperature response of a Na-ion cell further proves this. Figure 5(e) presents 1C discharge of a 12 Ah Na-ion pouch cell, from 100% SOC to 0 V. At the start of the experiment, the pouch cell’s temperature, as measured by a thermocouple attached on the cell’s surface located in the middle of one of its faces, was 17.8°C. In the course of discharge, the cell’s temperature gradually increased, reaching a maximum value of 27.8°C. Such a temperature increase of just 10°C can be contrasted with that of Li-ion cells, whose example was shown in Figure 3(c): for their 3.35 Ah Li-ion cell, Fear et al. reported a temperature rise of 44°C from the start of 1C discharge to 0 V.

6. Overdischarging Na-Ion Cells below 0 V

As mentioned previously, in alkali-ion cells connected in series, it is possible that underperforming cells might be forced to overdischarge. For Na-ion, deep discharge down to 0 V is not an abnormal event at all. However, it is still possible, in the event of extreme imbalances between cells in a series string of Na-ion cells, BMS malfunction, or cell manufacturing defects, that a Na-ion cell might be “overdischarged” below 0 V, to negative voltages. Note here that we can now define the term “overdischarge” differently between the two types of alkali-ion batteries: for the Na-ion case, “overdischarge” should mean discharge below 0 V (to negative...
steadily kept increasing, before reaching very high potentials. As can be seen, beyond 0 V, the anode potential dropped down to 0 V at room temperature, showing a temperature rise of just 10°C. Long-term cycling stability of a Na-ion cell cycled from 4.3 to 0 V at ±C/5 at 30°C, showing no adverse reactions occurring on the anode or the cathode in the course of deep discharge to 0 V. (b, c) Cycling profile and long-term cycling stability of a Na-ion cell cycled from 4.3 to 0 V at ±C/3 at 30°C; at the end of each cycle, the cell was potentiostatically held at 0 V for 48 h. (b, c) reproduced with permission from [18]. Copyright (2018) John Wiley and Sons. (d) Cycling stabilities of two Na-ion cells at 4.2–1 V at ±C/3 at 30°C; one cell was shorted for six months at 0 V, while the other cell did not undergo this shorting procedure. (d) reproduced from [14] with permission from the Royal Society of Chemistry. (e) Cycling profile and temperature variation of a 12 Ah Na-ion cell discharged at 1C from 4.2 V down to 0 V at room temperature, showing a temperature rise of just 10°C.

It should be stated that these are just the preliminary experiments in overdischarging Na-ion cells below 0 V—to the best of our knowledge, no other published study to date has investigated overdischarging of Na-ion cells below 0 V. Further studies would be required to accurately estimate the extent to which overdischarging Na-ion cells below 0 V is harmful to the cell. One obvious drawback is that overdischarging Na-ion cells over long durations below 0 V might cause excessive electrolyte oxidation on the anode side, potentially resulting in significant gas generation which might negatively affect performance and also safety. It was shown recently that Na-ion chemistry can benefit significantly from utilising the thermally and oxidatively stable carbonate-ester solvent, propylene carbonate (PC), an option that is not ideal for graphite-based Li-ion cells as PC tends to exfoliate graphite’s graphene layers [14]. Since PC-dominant electrolytes are quite thermally safe and some can even be nonflammable, it will need to be ascertained whether excessive gas generation by long overdischarging would lead to any noticeable effects.
durations below 0 V has deleterious effects on cell safety [14]. But in general, overdischarging Na-ion cells below 0 V should be avoided as much as possible. As an interesting aside, if a Na-ion cell is appropriately capacity balanced and uses oxidatively stable electrolytes (such as an oxidative limit to 4.5 V vs. Na/Na\(^+\)), there is no reason why Na-ion cells cannot be cycled in a stable fashion from say 4.5 V to -1.0 V or even lower, as long as the anode’s potential stays under the oxidative stability limit of the electrolyte during discharge (it is another matter if it makes any practical sense to do so). This situation would apply to Li-ion cells as well: for example, by significantly increasing the N/P ratio, even graphite-based Li-ion cells can be discharged down to 0 V or beyond (as long as the anode potential stays below the Cu dissolution potentials), but this will noticeably reduce their energy density, perhaps even significantly, on account of the weight and volume penalties imposed by the excessive anode (this is the reason why this approach is not common for Li-ion cells). As an interesting corollary, it is anticipated that graphite-based Li-ion cells using alternate and more oxidatively stable current collectors, or indeed utilising freestanding graphite electrodes, might behave similarly to Na-ion cells on the issue of overdischarging to 0 V and beyond. However, this hypothesis would need to be proven.

From a practical viewpoint, it makes little sense to design a Na-ion cell or pack to go down to 0 V during its actual operation, as the low voltages will place undue burden on the associated power electronics in the battery pack. Thus, Na-ion systems will be naturally designed to end their discharge at higher voltages, such as 1 V or 2 V, which will also be dictated by the application’s requirements. It follows that, during operation, the 1 V or 2 V limit can be the designed 0% SOC (as might occur for Li-ion cells), but unlike the Li-ion case, Na-ion cells would also incorporate an inherent safety-factor of actually being able to be discharged to 0 V (for Li-ion, the 0% SOC is a hard limit keeping future cell performance in mind, as discussed in the prior sections). Therefore, the likelihood of a Na-ion cell to be overdischarged (experience negative voltages) in practical systems during operation, with a functioning BMS, would be much lower than the case for a Li-ion pack (with a functioning BMS) due to this inbuilt safety-factor for Na-ion systems. Of course, out of operation (such as during shipping or long-term storage), Na-ion systems can be designed to be discharged to 0 V with peace of mind. As another point, it can be appreciated that for a Na-ion cell kept at open-circuit conditions at a finite SOC for very long durations, self-discharge (whose rates we expect to be similar to those seen in Li-ion cells) would never drive a Na-ion cell down to its overdischarge conditions: at worst, self-discharge would cause voltage decay up to 0 V and not beyond, as there will be no driving force to go further to negative voltages.

7. Summary and Future Studies

In this article, we have shone a spotlight on one particular aspect of Li-ion cells and compared it with that of its analogue, the Na-ion cell: the reasons behind the commonly used SOCs while shipping and storing such alkali-ion cells from their basic materials chemistry viewpoint. A review of the state of knowledge in the Li-ion field, summarized herein, reiterates that overdischarging graphite-based Li-ion cells below their rated 0% SOC (which might be 2–2.8 V) can significantly reduce cycle life to mere tens of cycles (best case scenario) or potentially result in fires/explosions due to internal short-circuits instigated by metallic Cu plating on the cathode (worst case scenario). Conversely, it is inherently safe for a Na-ion cell to be discharged down to 0 V. The use of Al current collector on the anode, as opposed to Cu, is the fundamental reason why Na-ion cells can be safely discharged to 0 V and is incidentally also beneficial.
in boosting a cell’s specific energy and reducing costs as Al is much lighter and cheaper than Cu. We further presented the first observations on overdischarging Na-ion cells below 0 V, to negative voltages: it was shown that no visible deposits were seen on the cathode or anode in the course of overdischarging Na-ion cells to ~2.5 times their rated capacities.

The 0 V capability of the Na-ion technology will benefit not just customers who will be using the end product but also Na-ion battery manufacturers who can capitalise on the 0 V capability of Na-ion cells in three ways. Firstly, during the shipping and transportation of commercial Na-ion cells or even packs, a physical short can be actually placed between the positive and negative terminals of the Na-ion cell or pack, as shown in some of our prior publications or patent applications [14, 59, 61, 62]. Secondly and perhaps not so obviously, this 0 V capability gives cell manufacturers flexibility in scheduling the time intervals between filling Na-ion cells with electrolytes and placing them for formation cycling: in graphite-based Li-ion cells, the clock starts ticking as soon as Li-ion cells are filled, and they would need to be formed as soon as possible to avoid Cu dissolution. The 0 V capability of Na-ion cells will thus give manufacturers plenty of logistical freedom; for example, the Na-ion cells can be filled in one part of the world, stored for a while, and then shipped to another part of the world to undergo its formation cycling. Thirdly, another practical benefit for battery manufacturers is that the installation of Na-ion battery packs by their engineers would be inherently safe as the shorted cells would be at a zero energy state—the risks during installation will be significantly lower than installation of a graphite-based Li-ion pack at 30% SOC.

For any rechargeable alkali-ion cell, 0 V or zero energy will be the ultimate safety condition. As we have shown herein, Na-ion cells can be safely discharged and stored at 0 V without any safety concerns. Suggestions for future studies which further investigate some aspects around the 0 V capability of different types of Na-ion cells, are outlined below:

1. It has already been demonstrated that different types of Na-ion cells exhibit exemplary levels of safety even at 100% SOC [14, 18, 63, 64]. But the effect of overdischarging Na-ion cells below 0 V (relevant only during cycling of failed Na-ion cells/packs) is poorly understood at this stage. The initial forays reported herein are just the starting point—significant efforts need to be undertaken to understand how continued overdischarge will affect Na-ion cells, especially in large-scale cells.

2. In conducting the above studies, particular emphasis should be put on the effect of the electrolyte as it is known that there is an intimate relationship between the safety of a Li-ion cell and the electrolyte it contains [6, 12]. Some recent results on large-scale Na-ion cells indicate that Na-ion electrolytes utilising high weight fractions of thermally stable solvents such as PC or Tetruglyme can indeed result in lower rates of heat generation or higher thresholds for onset of exothermic self-heating reactions [65–68].

3. Recently, some articles have analysed the economic potential of Na-ion batteries from a materials perspective [19–21]. Detailed life-cycle cost estimations for Na-ion batteries, focussing on not just material costs or resource availability, but other factors such as costs of shipping/storing Na-ion cells at 0 V, relative to Li-ion cells at 30% SOC, and also their recycling, would certainly be timely and illuminating for the alkali-ion battery community.

Conflicts of Interest

The authors declare that there is no conflict of interest regarding the publication of this article.

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